

## Elder Economic Security Standard™ Index Monthly Food Costs by County, 2007

County	Single	Couple
Alameda	\$302	\$557
Alpine	\$231	\$427
Amador	\$231	\$427
Butte	\$231	\$427
Calaveras	\$231	\$427
Colusa	\$231	\$427
Contra Costa	\$302	\$557
Del Norte	\$231	\$427
El Dorado	\$231	\$427
Fresno	\$250	\$462
Glenn	\$231	\$427
Humboldt	\$231	\$427
Imperial	\$231	\$427
Inyo	\$231	\$427
Kern	\$235	\$435
Kings	\$231	\$427
Lake	\$231	\$427
Lassen	\$231	\$427
Los Angeles	\$263	\$486
City of LA	N/A	N/A
LA County	N/A	N/A
Madera	\$231	\$427
Marin	\$231	\$427
Mariposa	\$231	\$427
Mendocino	\$231	\$427
Merced	\$231	\$427
Modoc	\$231	\$427
Mono	\$231	\$427
Monterey	\$231	\$427
Napa	\$231	\$427

County	Single	Couple
Nevada	\$231	\$427
Orange	\$272	\$502
Placer	\$263	\$486
Plumas	\$231	\$427
Riverside	\$231	\$427
Sacramento	\$263	\$486
San Benito	\$231	\$427
San Bernardino	\$231	\$427
San Diego	\$248	\$458
San Francisco	\$308	\$569
San Joaquin	\$242	\$446
San Luis Obispo	\$231	\$427
San Mateo	\$308	\$569
Santa Barbara	\$231	\$427
Santa Clara	\$308	\$569
Santa Cruz	\$231	\$427
Shasta	\$231	\$427
Sierra	\$231	\$427
Siskiyou	\$231	\$427
Solano	\$231	\$427
Sonoma	\$231	\$427
Stanislaus	\$231	\$427
Sutter	\$231	\$427
Tehama	\$231	\$427
Trinity	\$231	\$427
Tulare	\$231	\$427
Tuolumne	\$231	\$427
Ventura	\$231	\$427
Yolo	\$263	\$486
Yuba	\$231	\$427

Sources: USDA Low-Cost Food Plan for Individual Male and Individual Female 51+ (weighted by gender in California), June 2007.

<http://www.cnpp.usda.gov/Publications/FoodPlans/2007/CostofFoodJun07.pdf>

adjusted by ACCRA food component

For the complete report, methodology or individual counties visit:

[http://www.healthpolicy.ucla.edu/elder\\_index08feb.html](http://www.healthpolicy.ucla.edu/elder_index08feb.html)

For more information about the California Elder Economic Security Initiative™ program visit:

<http://www.insightccd.org/index.php?page=california-elder-economic-security-initiative>

UCLA CENTER FOR  
HEALTH POLICY RESEARCH



INSIGHT  
CENTER FOR COMMUNITY  
ECONOMIC DEVELOPMENT



Wider Opportunities for Women